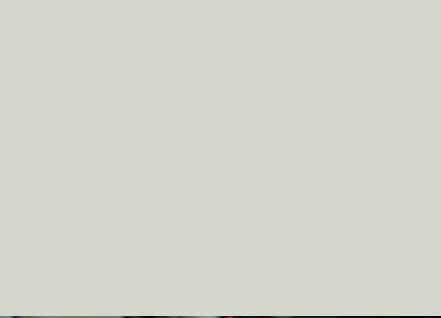
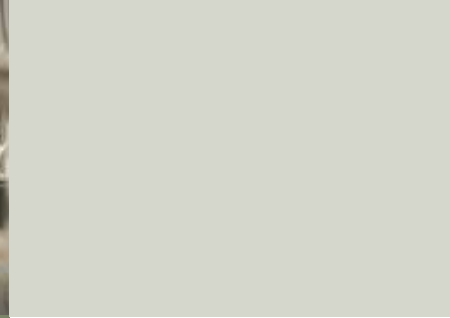


Health & Wellbeing in the Workplace

Jason Leek 17th November 2011



**Restaurant
Associates**



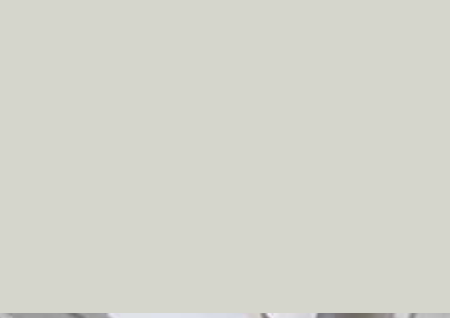

Chartwells




**Eurest
Services**




**COMPASS
GROUP**



medirest




ESS
Support Services Worldwide



All Leisure
A member of Compass Group PLC



**Restaurant
Associates**


**Eurest
Services**

Health & Wellbeing

nationalgrid
The power of action.


The miracles of science™

Heinz


MAERSK

logica
be brilliant together


RBS
The Royal Bank of Scotland Group


EADS

PA Consulting
Group


**SOCIETE
GENERALE**


Magnox North

Deloitte. **Schlumberger**

BT 


TOTAL

LLOYDS
BANKING
GROUP 



FUJITSU

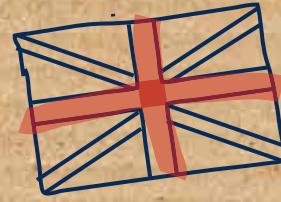
KPMG

COBHAM

Morgan Stanley

Value for money

60% of people think they will be worse off next year.



Ethical/Quality/Local

People are willing to pay more for high quality ingredients, animal welfare, Free-range and locally produced.

Value with Values

Seasonal UK produce is likely to be a key influencer of menus.

CONNECTING WITH THE UK CONSUMER



Convenience

97% of adults admit to snacking in between meals.

Variety

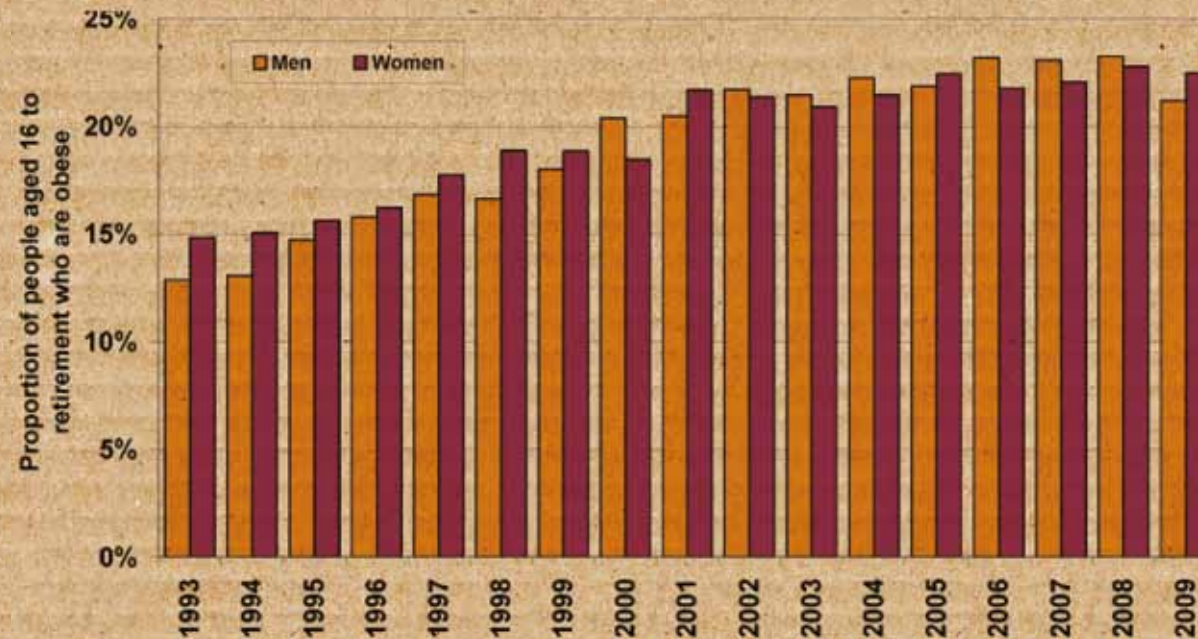
Boredom prevention,
Global influences.
More than 1 in 2 workers are willing to try new dishes vs. 3 years ago

Health & Wellness

35% of consumers made a conscious decision to eat more healthily when eating out.



Almost a quarter of working-age people are now obese. This is a much higher proportion than in the early 1990s.



Source: Health Survey for England, DH; England; updated Mar 2011



of workers always look for
a healthy option in their
workplace facility

Source:GMI/Mintel B&I Catering Leisure Intelligence October 2010

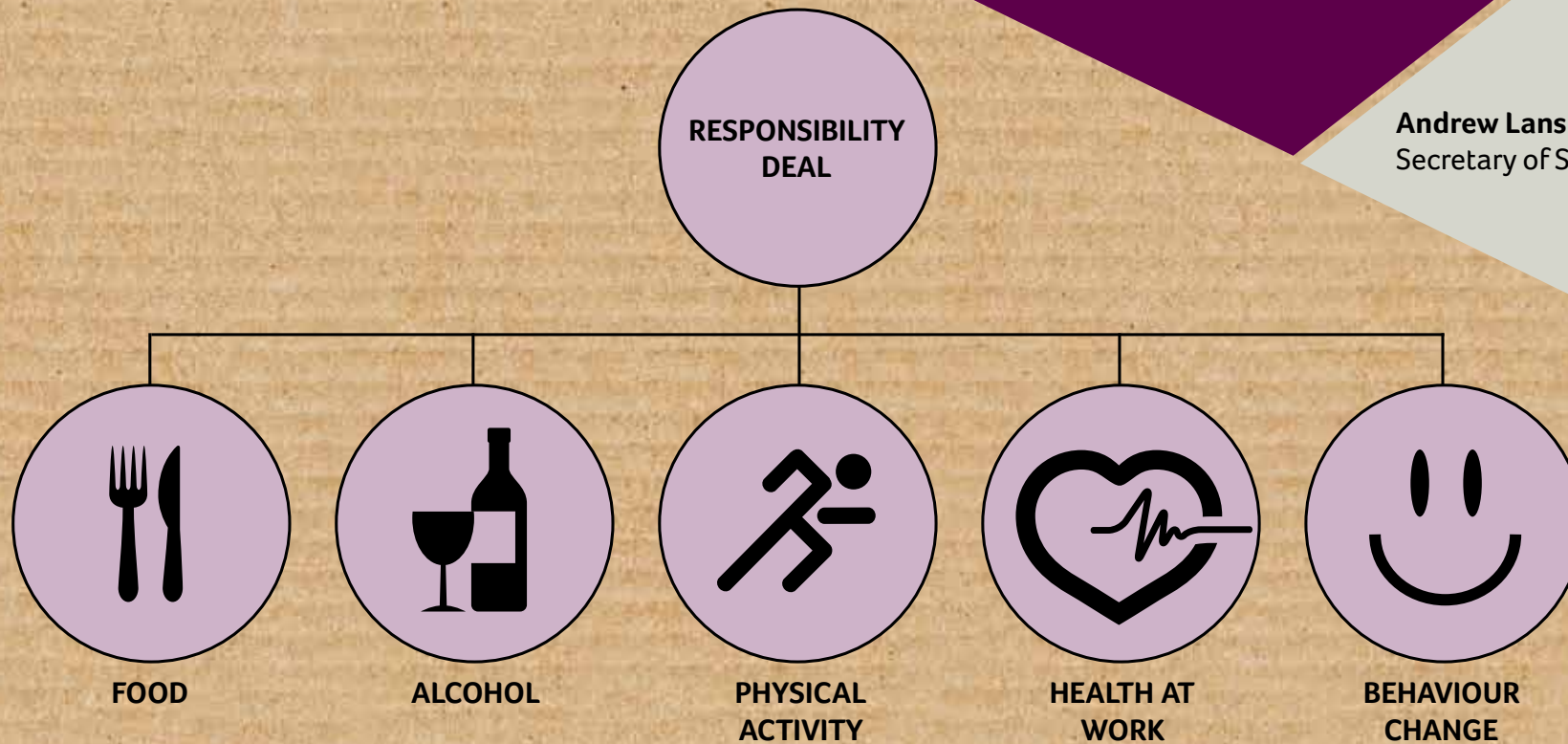
CHANGE IN WORKING ENVIRONMENTS OVER 40 YEARS





Responsibility Deal

Andrew Lansley CBE MP
Secretary of State for Health





Food Network

Key pledges

- **Reduce Salt**

- **Remove Artificial Trans Fats**

- **Calorie Labelling**



Health at Work Network

Health at Work Network
Supporting our workforce to
lead healthier lives

- **Management of chronic conditions**

- **Occupational health standards**

- **Reporting of sickness rates**

- **Availability of healthier foods**

- **Healthier recipes - lower salt etc,**

- **Responsible portions**

- **Promotion of fruit & vegetables**

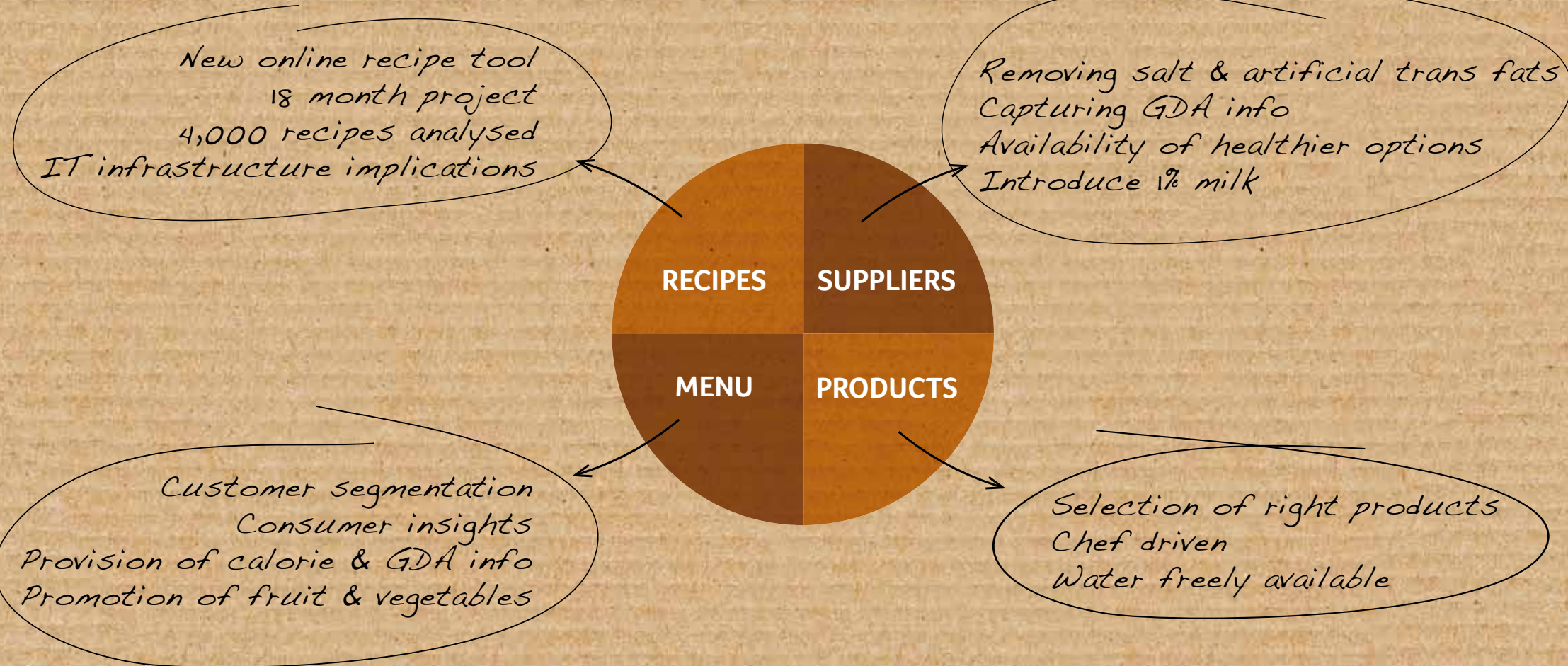
- **Provision of calories and/or GDAs**

How Big a Deal is it?

Big



How Big a Deal is it?



How Big a Deal is it?





What does the future look like?

Deliciously Balanced Recipes

Jerk Fish with Wild Rice

OVEN BAKED SUSTAINABLE FISH MARINATED IN CARIBBEAN MOJO SPICES AND SERVED WITH MANGO AND AVOCADO SALSA ON A BED OF RICE.



FISH 'N' CHIPS

FABULOUSLY FLAVOURSOME FISH 'N' CHIPS, SERVED WITH A CHOICE OF CONDIMENTS.



Delicious food carefully balanced

Calories	Fat	Saturates	Sugars	Salt
449	20.7g	3.5g	5.6g	1.3g
22%	30%	18%	6%	21%



Each 463g serving contains

Calories	Fat	Saturates	Sugars	Salt
955.6	56.4g	7.1g	2.1g	2.0g
48%	81%	36%	2.3%	36%

of an adult's Guideline Daily Amount based on a diet of 2000 kcal